

Introduction

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Volcanoes
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Getting around
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Using this guide

1 The Cantal

- Walk 1 Puy de Niermont
- Walk 2 An Ascent of the Puy de Peyre Arse
- Walk 3 Puy Mary with Optional Excursion to Puy de la Tourte
- Walk 4 Traverse of the Brêche de Rolland from Puy Mary to Peyre Arse
- Walk 5 Around Medieval Murat
- Walk 6 The Plomb du Cantal
- Walk 7 A Rombière Ramble
- Walk 8 Puy Griou
- Walk 9 Up the Usclade
- Walk 10 The Elancèze
- Walk 11 Puy Violent and the Shadow Rock
- Walk 12 Roches Taillade and Roc d'Hozières
- Walk 13 Circuit of Puy Chavaroche
- Walk 14 St Cirgues de Jordanne – Southern circuit
- Walk 15 St Cirgues de Jordanne – Northern circuit

2 The Châine des Puys (Monts Dômes)

- Walk 16 Puy de Dôme
- Walk 17 Puys Lassolas and de la Vache
- Walk 18 Around Orcival
- Walk 19 Puy des Gouttes
- Walk 20 The Crater of Puy Pariou
- Walk 21 The Water of Volvic

3 The Monts Dore

- Walk 22 The Grand Horseshoe: Puy de Sancy from Mont-Dore
- Walk 23 Up the Chaudefour Valley to Puys Sancy and Ferrand
- Walk 24 Around Lake Pavin
- Walk 25 Connecting the Cascades of Puy d'Angle
- Walk 26 The Tuilière and Sanadoire rocks
- Walk 27 A Tour of the Curiosities of St Nectaire
- Walk 28 Lake Guéry and the Banne d'Ordanche

4 The Haute-Loire: Livradois Forez and Velay

- Walk 29 Around Chaise-Dieu and the Senouire
- Walk 30 The Gorges of the Loire
- Walk 31 A Circuit of Allègre
- Walk 32 Mont Bar from Allègre
- Walk 33 Domeyrat and the Senouire
- Walk 34 Vieille Brioude and the Ceroux
- Walk 35 Lavaudieu Abbey and the Senouire

5 The Montagne Bourbonnaise

- Walk 36 The Ruins of Montgilbert
- Walk 37 Milling around the Mills
- Walk 38 Around Châtel Montagne and the Puy de Roc
- Walk 39 Rocher St Vincent
- Walk 40 The Cascade de la Pisserote
- Walk 41 The Plateau de la Verrerie and its Tourbière
- Walk 42 Pierre Châtel from St Nicolas des Biefs

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