

## **INTRODUCTION**

The Second Edition

Planning the Walk

Maps

Accommodation and Additional Information

Equipment



## **THE DALES WAY: ILKLEY TO BOWNESS**

### **1 Wharfedale**

Stage 1 Ilkley to Bolton Abbey

Stage 2 Bolton Abbey to Barden Bridge

Stage 3 Barden Bridge to Burnsall

Stage 4 Burnsall to Grassington

Stage 5 Grassington to Kettlewell

Stage 6 Kettlewell to Buckden

Stage 7 Buckden to Beckermonds

Stage 8 Beckermonds to Holme Hill

### **2 Dentedale**

Stage 9 Holme Hill to Dent (Church Bridge)

Stage 10 Dent (Church Bridge) to Millthorpe (Sedbergh)

### **3 Lonsdale and the Lakeland Fringe**

Stage 11 Millthrop (Sedbergh) to Lincoln's Inn Bridge

Stage 12 Lincoln's Inn Bridge to Crook of Lune Bridge

Stage 13 Crook of Lune Bridge to Burneside

### **4 Into Lakeland**

Stage 14 Burneside to Staveley

Stage 15 Staveley to Bowness



### **THE DALES WAY: BOWNESS TO ILKLEY**

1 Out of Lakeland

2 The Lakeland Fringe and Lonsdale

3 Dentdale

4 Wharfedale

Appendix 1 Bibliography

Appendix 2 Useful addresses