

Introductie en inhoudsopgave

Geography
Geology
Climate
Vegetation and wildlife
History
Culture
Food and drink
Language
Getting to Montenegro
Local transport
Accommodation
Money
Staying in touch
Walking in Montenegro
What to take
Maps
Trail markings
National parks
Safety in the mountains
Using this guide



ORJEN

Route 1 Subra
Stage 1 Kameno – Vratlo Hut
Stage 2 Vratlo Hut – Subra (return)
Stage 3 Vratlo Hut – Kabao (return)
Stage 4 Vratlo Hut – Kameno
Route 2 Zubački kabao
Further Possibilities

LOVČEN

Route 3 Jezerski vrh
Route 4 Kotor fortress

LAKE SKADAR

Route 5 Rumija
Further Possibilities



DURMITOR

Route 6 Central Durmitor
Stage 1 Žabljak – Lokvice
Stage 2 Lokvice – Terzin bogaz (return)
Stage 3 Lokvice – Bobotov kuk (return)
Stage 4 Lokvice – Minin bogaz (return)
Stage 5 Lokvice – Ledena pećina (return)
Stage 6 Lokvice – Samar (return)
Stage 7 Lokvice – Žabljak

Route 7 Durmitor Circuit (via Škrčko jezero)
Stage 1 Lokvice – Škrčko jezero
Stage 2 Škrčko jezero – Jablan jezero
Stage 3 Jablan jezero – Žabljak
Route 8 Durmitor Circuit (via Velika Struga)
Stage 1 Lokvice – Donja Ališnica
Stage 2 Donja Ališnica – Žabljak
Day walks from Žabljak

BJELASICA

Route 9 Biogradsko jezero

Route 10 Biogradska gora

Stage 1 Biogradsko jezero – Pešića jezero

Stage 2 Pešića jezero – Trešnjevik

Further Possibilities

KOMOVI

Route 11 Komovi

Stage 1 Trešnjevik – Štavna

Stage 2 Štavna – Kom Vasojevički (return)

Stage 3 Štavna – Kom Ljevoriječki (return)

Stage 4 Štavna – Trešnjevik

KUČKA KRAJINA (ŽIJEVO)

Route 12 Kučka Krajina

Stage 1 Veruša – Bukumirsko jezero

Stage 2 Bukumirsko jezero – nameless pass (return)

Stage 3 Bukumirsko jezero – Štitan (return)

Stage 4 Bukumirsko jezero – Maglić (return)

Stage 5 Bukumirsko jezero – Veruša

Further Possibilities

VISITOR

Route 13 Visitor from Plav

Further Possibilities

PROKLETIJE

Route 14 Volušnica

Route 15 Krošnja and Karanfili

Route 16 Kotao

Route 17 Ropojana Valley and Jezero

Further Possibilities

Appendix A Mountain areas, major peaks and long-distance routes

Appendix B Further reading

Appendix C Useful contacts

Appendix D Language notes and glossary

Appendix E History of Montenegro