

# Introduction

Wildlife

Archaeology and History

The Walks

Getting to the Northern Isles

When to Go

What to Take

Maps and Access

How this Guide Works

## **ORKNEY**

Walking on Orkney

Orkney Mainland

Walk 1 Mull Head and the Brough of Deerness

Walk 2 The Deerness Memorial

Walk 3 Wideford Hill

Walk 4 Ward Hill

Walk 5 The Ring of Brodgar and the Stones of Stenness

Walk 6 Skara Brae, Yesnaby and Stromness

Walk 7 Marwick Head and the Kitchener Memorial

Walk 8 Brough Head

Walk 9 The Loch of Hundland and Mid Hill

Walk 10 Fibla Fiold and Mid Tooin

## **Southern Islands**

Walk 11 South Ronaldsay – Hoxa Head

Walk 12 Burray – the Hunda Reef

Walk 13 Hoy – Heldale Water and Tor Ness

Walk 14 Hoy – The Old Man of Hoy, St John’s Head and Cuilags from Rackwick

Walk 15 Hoy – Ward Hill from Moaness

## **Northern Islands**

Walk 16 Rousay – Knitchen Hill and the Trumland RSPB Reserve

Walk 17 Rousay – Mid Howe Broch and the Westness Walk

Walk 18 Rousay – the Suso Burn and Kierfea Hill

Walk 19 Rousay – Faraclett Head

Walk 20 Eday – Ward Hill and War Ness

Walk 21 Eday – Noup Hill and Red Head

Walk 22 Eday – Fers Ness and West Side

Walk 23 Westray – Inga Ness to Noup Head

Walk 24 Papa Westray – Mull Head and the North Hill RSPB Reserve

Walk 25 North Ronaldsay – Coastal traverse



## **SHETLAND**

Walking on Shetland  
Mainland South

- Walk 26 Jarlshof and Sumburgh Head
- Walk 27 The Ness of Burgi Iron Age Fort
- Walk 28 Fitful Head
- Walk 29 Around Fora Ness
- Walk 30 St Ninian's Isle over the tombolo
- Walk 31 To the Taing of Maywick
- Walk 32 Deepdale from Maywick
- Walk 33 Sandwich to No Ness
- Walk 34 The Helli Ness Peninsula
- Walk 35 Muskna Field from Wester Quarff
- Walk 36 Scrae Field and the White Stone of Toufield

### **Southern Islands**

- Walk 37 Fair Isle – the Climb to Ward Hill
- Walk 38 Fair Isle – Malcolm's Head
- Walk 39 Fair Isle – a West Coast traverse
- Walk 40 Mousa – the Mousa Broch and RSPB Reserve
- Walk 41 West Burra – Kettla Ness
- Walk 42 East Burra – Houss Ness and the Ward of Symbister

### **Mainland Central**

- Walk 43 Lerwick Old Town and the Knab
- Walk 44 Scalloway to the Hill of Burwick
- Walk 45 Fora Ness
- Walk 46 Easter Skeld to Skelda Ness

- Walk 47 The Scord of Brouster
- Walk 48 Staneydale Temple
- Walk 49 Mu Ness to Deepdale over Sandness Hill
- Walk 50 Ness of Noonsbrough
- Walk 51 Scalla Field and the Butter Stone
- Walk 52 The North Nesting Coast



### **Central Islands**

- Walk 53 Foula – the Daal to the Sneck Ida Smallie
- Walk 54 Foula – the Sneug
- Walk 55 Foula – the Noup
- Walk 56 Bressay – the Ward of Bressay and the Ord
- Walk 57 Noss – the Noss Head Nature Reserve
- Walk 58 Papa Stour – Virda Field and Mauns Hill
- Walk 59 Whalsay – the Ward of Clett
- Walk 60 Out Skerries – Housay and Mio Ness

### **Mainland North**

- Walk 61 Lunna Ness
- Walk 62 Ness of Hillswick
- Walk 63 Esha Ness from Tangwick
- Walk 64 Ronas Hill – Highpoint of the Shetland Isles
- Walk 65 The Beorgs of Skelberry
- Walk 66 Point of Fethaland

### **Northern Islands**

- Walk 67 Muckle Roe – South Ham
- Walk 68 Yell – the Old Haa and Heoga Ness
- Walk 69 Yell – Ward of Otterswick
- Walk 70 Yell – the White Wife

- Walk 71 Yell – Stuis of Graveland
- Walk 72 Yell – the Gloup and North Neaps
- Walk 73 Unst – Valla Field
- Walk 74 Unst – Keen of Hamar
- Walk 75 Unst – the Horns of Hagmark
- Walk 76 Unst – Wick of Skaw
- Walk 77 Unst – Hermaness National Nature Reserve
- Walk 78 Fetlar – Lamb Hoga
- Walk 79 Fetlar – Funzie Ness
- Walk 80 Fetlar – Vord Hill

Appendix Route summary table