

INTRODUCTION

When to go
Getting there
Ferries and flights
Maps, route finding and access
Safety and emergencies
What to take
Using this guide



RUM

Walk 1 A round of the Rum Cuillin
Walk 2 The Dibidil Horseshoe
Walk 3 Around the coast of Rum
Walk 4 Kinloch to Guirdil
Walk 5 The Guirdil Horseshoe
Walk 6 Around Rum's western hills
Walk 7 Kinloch to Kilmory Bay or Harris

EIGG

Walk 8 An Sgùrr and Grulin
Walk 9 Around the coast and cliffs of north Eigg

CANNA

Walk 10 Around the coast of Canna
Walk 11 Around Sanday



MUCK

Walk 12 Around the coast of Muck

COLL

Walk 13 Coll's western tip

Walk 14 Ben Hagh and the Breachacha castles

TIREE

Walk 15 Tiree's east coast

Walk 16 Tiree's west coast and three highest points

Appendix A Route summary table

Appendix B Accommodation

Appendix C Further reading