

Inhoudsopgave



The Walker's Haute Route
Getting There and Back Again
Accommodation

When to Go
Notes for Walkers
Equipment
Languages

Paths and Waymarks
Safety in the Mountains
Wildlife and Plants
Recommended Maps
Using this Guide

THE ROUTE

Stage 1 Chamonix – Argentière
Stage 2 Argentière – Col de Balme – Trient
Alt Stage 2 Argentière – Col de Balme – Les Grands – Col de la Forclaz
Stage 3 Trient – Fenêtre d'Arpette – Champex
Alt Stage 3 Trient – Col de la Forclaz – Alp Bovine – Champex
Stage 4 Champex – Sembrancher – Le Châble
Stage 5 Le Châble – Clambin – Cabane du Mont Fort
Stage 6 Cabane du Mont Fort – Col Termin – Col de Louvie – Col de Prafleuri –
Cabane de Prafleuri
Alt Stage 6 Cabane du Mont Fort – Col de la Chaux – Col de Louvie – Col de Prafleuri
– Cabane de Prafleuri
Stage 7 Cabane de Prafleuri – Col des Roux – Col de Riedmatten – Arolla
Alt Stage 7 Cabane de Prafleuri – Col des Roux – Cabane des Dix – Arolla
Stage 8 Arolla – Lac Bleu – Les Haudères – La Sage

Stage 9 La Sage – Col du Tsaté – Cabane de Moiry
Alt Stage 9 La Sage – Col de Torrent – Barrage de Moiry/Grimentz
Stage 10 Cabane de Moiry – Col de Sorebois – Zinal
Alt Stage 10 Barrage de Moiry – Col de Sorebois – Zinal
Stage 11 Zinal – Forcletta – Gruben
Alt Stage 11 Zinal – Hotel Weisshorn/Cabane Bella Tola
Alt Stage 11a Hotel Weisshorn/Cabane Bella Tola – Meidpass – Gruben
Stage 12 Gruben – Augstbordpass – St Niklaus
Stage 12a St Niklaus – Gasenried
Alt Stage 13 St Niklaus – Täsch – Zermatt
Stage 13 Gasenried – Europa Hut
Stage 14 Europa Hut – Täschalp – Zermatt

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