

INTRODUCTION

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THE SOUTH WEST COAST PATH

Day 1: Minehead to Porlock Weir
Day 2: Porlock Weir to Lynmouth
Day 3: Lynmouth to Combe Martin
Day 4: Combe Martin to Woolacombe
Day 5: Woolacombe to Braunton
Day 6: Braunton to Westward Ho!
Day 7: Westward Ho! to Clovelly
Day 8: Clovelly to Hartland Quay
Day 9: Hartland Quay to Bude
Day 10: Bude to Boscastle
Day 11: Boscastle to Port Isaac
Day 12: Port Isaac to Padstow
Day 13: Padstow to Porthcothan
Day 14: Porthcothan to Newquay
Day 15: Newquay to Perranporth
Day 16: Perranporth to Portreath
Day 17: Portreath to St Ives
Day 18: St Ives to Pendeen Watch
Day 19: Pendeen Watch to Porthcurno
Day 20: Porthcurno to Penzance
Day 21: Penzance to Porthleven
Day 22: Porthleven to The Lizard
Day 23: The Lizard to Porthallow
Day 24: Porthallow to Falmouth
Day 25: Falmouth to Portloe
Day 26: Portloe to Mevagissey
Day 27: Mevagissey to Polmear

Day 28: Polmear to Polperro
Day 29: Polperro to Portwrinkle
Day 30: Portwrinkle to Plymouth
Day 31: Plymouth to Wembury Beach
Day 32: Wembury Beach to Bigbury-on-Sea
Day 33: Bigbury-on-Sea to Salcombe
Day 34: Salcombe to Stoke Fleming
Day 35: Stoke Fleming to Brixham
Day 36: Brixham to Shaldon
Day 37: Shaldon to Budleigh Salterton
Day 38: Budleigh Salterton to Seaton
Day 39: Seaton to Seatown
Day 40: Seatown to Abbotsbury
Day 41: Abbotsbury to Ferrybridge
Day 42: Isle of Portland Circuit
Day 43: Ferrybridge to Lulworth Cove
Day 44: Lulworth Cove to Swanage
Day 45: Swanage to South Haven Point

South Dorset Ridgeway: West Bexington to Osmington Mills